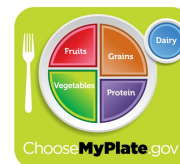


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>2</p>	<p>PROFESSIONAL DEVELOPMENT DAY</p> <p>3</p>	<p>Santa Fe Soup with Cheese and Sour Cream 4 Tortilla Chips / Fruit Romaine Salad / Fudge Brownie Assorted Milk</p>	<p>Baked Chicken 5 Green Lima Beans Wild Rice / Fresh Fruit Honey Wheat Roll Assorted Milk</p>	<p>Oven Baked Pizza 6 Garden Salad Fresh Carrot Sticks Fruit / Cookie Assorted Milk</p>
<p>Buffalo Wings 9 Corn Salad Potatoes Au Gratin Golden Wheat Roll / Fruit Assorted Milk</p>	<p>Nacho Supreme 10 Savory Carrots Romaine Salad Fresh Fruit / Cookie Assorted Milk</p>	<p>Smoked BBQ Sandwich 11 Coleslaw Pickle Spear Country Style Baked Beans Fresh Fruit / Assorted Milk</p>	<p>Beef Vegetable Soup 12 Peanut Butter Sandwich Garden Salad Fresh Fruit Assorted Milk</p>	<p>Deluxe Hamburger with Cheese, Lettuce, & Tomato 13 French Fries Dill Pickle Spear Fruit Jello / Assorted Milk</p>
<p>KING/LEE HOLIDAY</p> <p>16</p>	<p>Chicken Quesadilla with Salsa and Sour Cream 17 Green Beans Mexicali Corn Fruit Parfait / Assorted Milk</p>	<p>BBQ Baked Potato 18 Savory Carrots Honey Wheat Roll Fresh Fruit Assorted Milk</p>	<p>Hamburger Crumble Gravy 19 Creamed Potatoes Buttered Corn Parkerhouse Roll Fruit Salad / Assorted Milk</p>	<p>Mozzarella Sticks with Marinara Sauce 20 Romaine Salad / Carrot Sticks Fruit Dump Cake Assorted Milk</p>
<p>Grilled Chicken Sub with Lettuce and Tomato 23 Potato Salad Broccoli with Cheese Fruit / Assorted Milk</p>	<p>Taco Salad with Tortilla Chips 24 Refried Beans / Mexican Rice Fresh Fruit Assorted Milk</p>	<p>Chicken and Rice 25 Baby Green Limas Romaine Salad / Fresh Fruit Honey Wheat Roll Assorted Milk</p>	<p>Baked Ham Slice 26 Macaroni and Cheese Green Beans Cornbread / Fresh Fruit Assorted Milk</p>	<p>Chili Dog 27 Sweet Potato Fries Corn on the Cob Banana Pudding Assorted Milk</p>
<p>Crispito / Spanish Rice 30 California Mixed Veggies Fruit Cup with Topping Fudge Brownie Assorted Milk</p>	<p>Catfish Strips 31 Cheese Grits Coleslaw / Hushpuppies Fresh Fruit Mix Assorted Milk</p>			

NUTRITION TIP: Stay Active

MyPlate recommends making physical activity a regular part of the day

- At Home
- At Work
- At Play



School Information:

- January 2 – New Year's Holiday
- January 3 – Professional Development Day
- January 16 – King/Lee Holiday