



2	Monday	3	Tuesday	4	Wednesday	5	Thursday	6	Friday

9	Monday	10	Tuesday	11	Wednesday	12	Thursday	13	Friday
Cheese Pizza Carrots Sweet Peas Pineapple Pudding Low Fat Milk	Grilled Chicken Sandwich Macaroni & Cheese Green Beans Fruit Low Fat Milk	Salsbury Steak with Gravy Steamed Rice Yam Patty Wheat Roll Fruit Low Fat Milk	Lasagna with Wheat Roll Corn Garden Salad Apple Wedges Low Fat Milk	Turkey and Cheese Sub Potato Salad Lima Beans Cake with Fruit Topping Low Fat Milk					

16	Monday	17	Tuesday	18	Wednesday	19	Thursday	20	Friday
Hot Wings Corn Salad Potatoes Au Gratin Country Roll Fruit Cobbler Low Fat Milk	BBQ Baked Potato Parkerhouse Roll Green Limas Fruit Low Fat Milk	Chicken Quesadilla Mashed Potatoes Sweet Peas Wheat Roll Fruit Low Fat Milk	Nachos with Ground Beef Carrots Baked Potato Rounds Fruit Jello Low Fat Milk	Hamburger / Cheeseburger Baked Chips Vegetarian Beans Fruit Low Fat Milk					

23	Monday	24	Tuesday	25	Wednesday	26	Thursday	27	Friday
Beef Nuggets Sweet Peas Baked Yams Wheat Roll Fruit Low Fat Milk	Taco Salad Green Beans Whole Kernel Corn Banana Pudding Low Fat Milk	Spaghetti with Wheat Roll Stewed Squash Garden Salad Fruit Low Fat Milk	BBQ Chicken Baked Beans Cole Slaw Fruit Low Fat Milk	Pizza Garden Salad Whole Kernel Corn Fruit Jello Low Fat Milk					

30	Monday	31	Tuesday	1	Wednesday	2	Thursday	3	Friday
Chicken Fajita Wild Rice Green Beans Fruit Salad Brownie Low Fat Milk	Beef Stroganoff with Pasta California Mixed Vegetables Green Salad Fruit / Wheat Roll Low Fat Milk								

Notes and Announcements

★ ★ Menu may vary due to availability of food. ★ ★

Equal Opportunity Policy: It is the official policy of Covington County School System that no person shall, on the ground of race, sex, religion, color, creed, national origin, handicap, or age, be excluded from participation in, be denied the benefits of or be subjected to discrimination under any program, activity, or employment. Inquiries of complaints regarding compliance with federal regulations may be directed to Ricky Messick, Covington County Board of Education, 807 C.C. Baker Avenue, Andalusia, AL. 36420, (334) 222-7571.



2	Monday	3	Tuesday	4	Wednesday	5	Thursday	6	Friday

9	Monday	10	Tuesday	11	Wednesday	12	Thursday	13	Friday
Biscuit Chicken Juice Low Fat Milk		French Toast Sticks Syrup Choice of Cereal Juice Low Fat Milk		Eggs Toast with Jelly Juice Low Fat Milk		Sausage Pancake on a Stick with Syrup Juice Low Fat Milk		Cheese Grits Biscuit with Jelly Juice Low Fat Milk	

16	Monday	17	Tuesday	18	Wednesday	19	Thursday	20	Friday
Breakfast Pizza with Sausage and Cheese Juice Low Fat Milk		Ham and Cheese Croissant Juice Low Fat Milk		Apple-Cranberry Muffin Choice of Cereal Juice Low Fat Milk		Sausage Gravy Biscuit Juice Low Fat Milk		Grits Cheese Toast Juice Low Fat Milk	

23	Monday	24	Tuesday	25	Wednesday	26	Thursday	27	Friday
Biscuit Sausage Juice Low Fat Milk		Breakfast Bagel with Sausage and Cheese Juice Low Fat Milk		Waffle Sticks with Syrup Yogurt Juice Low Fat Milk		Blueberry Muffin Choice of Cereal Juice Low Fat Milk		Cheese Grits Eggs Juice Low Fat Milk	

30	Monday	31	Tuesday	1	Wednesday	2	Thursday	3	Friday
Cinnamon Raisin Biscuit Choice of Cereal Juice Choice of Milk		Biscuit Chicken Juice Low Fat Milk							

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