

BREAKFAST OCTOBER 2011

Covington County Schools

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Country Style Sausage Gravy Biscuit Sliced Peaches Juice Assorted Milk 3	Glazed Cinnamon Roll Choice of Cereal Fresh Fruit Juice Assorted Milk 4	Scrambled Eggs Toast with Jelly Fresh Fruit Juice Assorted Milk 5	Buttered Croissant with Ham and Cheese Fruit Juice Assorted Milk 6	Buttered Grits Biscuit with Jelly Fruit Juice Assorted Milk 7
TEACHER IN-SERVICE DAY 10	Sausage Link Biscuit Fresh Fruit Juice Assorted Milk 11	Golden Waffle Sticks with Maple Syrup Yogurt Fresh Fruit Mix Assorted Milk 12	Breakfast Burrito with Ham and Cheese Fresh Fruit Juice Assorted Milk 13	Buttered Grits Cheese Toast Fruit Juice Assorted Milk 14
Southern Style Chicken Biscuit Fruit Cup Juice Assorted Milk 17	Breakfast Bagel with Sausage and Cheese Fresh Fruit Juice Assorted Milk 18	French Toast Sticks with Powdered Sugar Yogurt Fresh Fruit Assorted Milk 19	Breakfast Pizza with Sausage and Cheese Fresh Fruit Juice Assorted Milk 20	Baked Cheese Grits Scrambled Eggs Fruit Juice Assorted Milk 21
Wild Blueberry Muffin Choice of Cereal Fruit Juice Assorted Milk 24	Sausage Patty Biscuit Fresh Fruit Juice Assorted Milk 25	Cinnamon Raisin Biscuit with Icing Choice of Cereal Fresh Fruit / Juice Assorted Milk 26	Pancake Griddle Stick with Maple Syrup Fresh Fruit Juice Assorted Milk 27	Buttered Grits Southern Style Biscuit with Jelly Fruit / Juice Assorted Milk 28
Buttered Croissant with Sausage and Cheese Fruit Juice Assorted Milk 31			BREAKFAST FACT Children who eat breakfast are able to concentrate and learn better at school. ¹	

Menu may vary due to availability of food.

Equal Opportunity Policy: It is the official policy of Covington County School System that no person shall, on the ground of race, sex, religion, color, creed, national origin, handicap, or age, be excluded from participation in, be denied the benefits of or be subjected to discrimination under any program, activity, or employment. Inquiries of complaints regarding compliance with federal regulations may be directed to Ricky Messick, Covington County Board of Education, 807 C.C. Baker Avenue, Andalusia, AL. 36420, (334) 222-7571.

School Information:

- Monday, October 10th – Teacher In-Service Day